

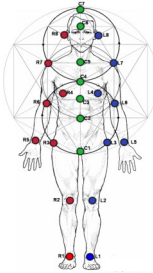
# LIFE ALIGNMENT

A SYSTEM OF ENERGY HEALING and TRANSFORMATION

International Life Alignment Web Site: [www.life-alignment.com](http://www.life-alignment.com)

Life Alignment is a system of energy balancing or vibrational healing that has been developed by Jeff Levin and taught around the world since 1991. Under the umbrella of Life Alignment, we teach courses in: Body Spin, Body Alignment Technique, Vortex Alignment, Home Alignment and Life Purpose Alignment. This practical and simple system accesses the body like a computer to identify and energetically correct the causes of imbalance in the body. The use of Vortex cards takes this to a deeper level and opens a door to balance homes and businesses through addressing issues like EMFs (electromagnetic frequencies) and geopathic stress.

This practical and simple energy healing technique can be used to support yourself as a form of self care and can be applied to support the care of others. It is a gentle, yet powerful means of enabling one to further his/her self-empowerment and transformation.



## Body Spin Class Asheville, North Carolina

June 10 (eve.) and 11th & 12th (days)

Please Note: Body Spin is a weekend course and is the pre-requisite to all of the other courses taught through Life Alignment.

**In this course, the student is taught:** Vibrational Healing and how to work with Subtle Energy Fields, Applied Kinesiology, Use of a Pendulum, an Introduction to Anatomy and Physiology, How to Energetically Access and Balance various Body Systems (such as digestive etc.) as well as other Body Points, Pain Balancing, Emotional Release Process, & Use of Vortex Cards.

**Body Spin** is a gentle but powerful healing method that finds the memories, past traumas, toxins, and suppressed emotions, that are blocking our energy flow. These blockages weaken our health and burden our hearts. This course teaches how to work by priority to support the recipient in accessing and releasing these blockages in a gentle and non invasive manner.

**Instructor:** Russel Sher, D.C. [www.ashevillehealthcoach.com](http://www.ashevillehealthcoach.com)

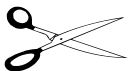
**Location:** Asheville, North Carolina

**When:** Fri., June 10 6:30 - 8:30pm, Sat., June 11 9:30 - 5:30, and Sun., June 12 9:30 - 5:30

**Cost:** \$320 (The price includes the 2 vortex cards used in this work - \$120 value.)

**Contact Details:** Russel Sher 828-253-1727 or [drrusselsher@gmail.com](mailto:drrusselsher@gmail.com)

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**To register for Body Spin (Asheville), clip and send to:**  
Russel Sher, 188 Charlotte Street, Suite 1, Asheville, NC 28801

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Email: \_\_\_\_\_

To ensure your place in the course, enclose a non-refundable deposit of \$50 made out to Russel Sher.

Your registration will be confirmed upon receipt. **Thank you!**